St Helen's PE Premium Action Plan and Strategy 2019-20

Leader responsible: Kelvin Chappell, Andy Spens



Rationale: Physical Education at St. Helen's: Excellence, enjoyment and achievement together.

In order for all children to achieve their full potential and to aim for our school vision of 'Excellence, Enjoyment and Achievement' - Flying high- Soar like Eagles, we have developed a PE scheme of work which enables children to develop their core Physical Education skills, and enables them to participate in structured competitive activities at differing levels, used alongside the PE Premium Funding this enables us to ensure that all children engage in Physical activity.

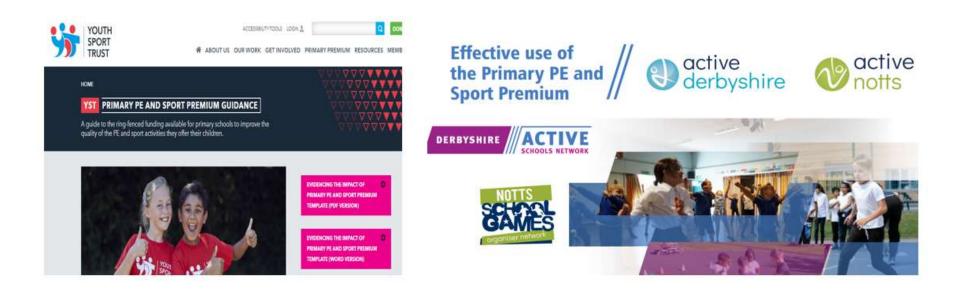
A high-quality physical education curriculum and extra-curriculum **inspires** all pupils to **succeed** and **excel** in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed some of our school values such as: **Friendship, Perseverance, Truthfulness, and Respect**

Quality First Wave Teaching:

All children receive a broad and balanced PE curriculum as part of QFWT (Quality First wave Teaching) this is about what should be on offer for all children: the effective inclusion of all pupils in high-quality everyday personalised teaching. Such teaching will, for example, be based on clear objectives that are shared with the children and returned to at the end of the lesson; carefully explained new PE vocabulary; use of lively, interactive teaching styles and also make maximum use of visual and kinaesthetic as well as auditory/verbal learning. The objectives that are used are taken from the school's skills and progression grid.

What is the most effective way to support pupil's Physical achievement?

Over the last few years we have built our PE strategy around the DFE research that highlights that more successful schools who promote high levels of PE attainment have a number of things in common this is supplemented by evidence from the DFE:



The amount of PE premium funding: £17,736

PE Premium strategy aims for pupils 2018-19: The DFE outcomes are defined as:

1) Engagement of all pupils in regular physical activity, for example by:

- 1a) providing targeted activities or support to involve and encourage the least active children
- 1b) encouraging active play during break times and lunchtimes
- 1c) establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered adopting an active mile initiative

1d) raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

2) Profile of PE and sport is raised across the school as a tool for whole-school improvement, for example by:

- 2a) encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- 2b) embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching
- 2c) increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:
- 2d) providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- 2e) hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities

3) Broader experience of a range of sports and activities offered to all pupils, for example by:

- 3a) introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- 3b) partnering with other schools to run sport activities and clubs
- 3c) providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations

4) Increased participation in competitive sport, for example by:

- 4a) increasing pupils' participation in the School Games
- 4b) organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.

As a school we have considered all these key factors and built our PE Strategy for 2018-19 around these key factors.

Physical Education Aspirations: At St. Helen's we endeavour to provide opportunities in all aspects of school life, for all of our children to achieve the very best that they can and to develop a lifelong love of learning of Sport and Physical Education, and to develop their own well-being.

2018-19 Pupil Strategy: Desired Outcomes and Review:

1) Engagement of all pupils in regular physical activity, for example by:

- 1a) providing targeted activities or support to involve and encourage the least active children
- 1b) encouraging active play during break times and lunchtimes
- 1c) establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered adopting an active mile initiative
- 1d) raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

School Aspirations: Linked to DFE strand:	Barriers to learning: Action	Desired Outcome:	Measurable Outcome: How will impact be measured?	Who? Costing:	Monitoring (See below) MEASURES OF IMPACT Significant Moderate
1a 1b	To support the most inactive children who have been highlighted	Children who were identified as not attending a PE club in the last academic year-	The number of children who now attend a lunchtime or extra- curricular club increases.	Lunchtime club £20 x 3 hrs a 39 weeks= £2340	Low Impact

	ucing a	2019 10 /500		£300 allotted	
	using a	2018-19 (See			
	number of	clubs list) and		to pay for	
	different	who have been		clubs for	
	factors to	identified from		those	
	develop their	in school		children who	
	physical well	assessment		did not	
	being.	data- will be		attend clubs	
		targeted for		in the	
		lunchtime		previous	
		support in		year.	
		terms of			
		attending the			
		lunchtime			
		Sports club on			
		MTW.			
		Children who			
		have not been			
		attending PE			
		clubs in school			
		will be			
		specifically			
		targeted to			
		enable them to			
		attend at least			
		one club a			
		week.			
1 c	To support	PE funding used	Case studies and	PE funding is	
	the physical	to ensure all	competition records	used to	
	development	children are	show that children	ensure that	
	of all children	able to access	and parents/families	some	
	by providing a	clubs and	are able to access	children who	
	by providing a	ciubs aiiu	מוב מטוב נט מננפגג	Ciliuren who	

	range of	develop their	sporting provision	would like to	
	extra-	physical and	when necessary to	do a club	
	curricular	mental health	do so.	have access	
	Sporting clubs	well-being.		to clubs.	
1 c	To support	PP funding to	Case studies and	PE funding	
	the needs of	be used	competition records	alongside PP	
	more	alongside PE	show that children	funding is	
	vulnerable	funding to	and parents/families	used to help	
	children in	ensure all	are able to access	PP families	
	attaining	children are	sporting provision	access clubs	
	extra-	able to access	when necessary to	that they	
	curricular	clubs.	do so.	may wish to.	
	Sporting clubs				
1c	To support	Data from the	External clubs are		
	the provision	previous year	sought and aimed at		
	of KS1	demonstrates	the younger children		
	children.	that the	in KS1 and Year 3.		
		number of			
		children in KS1			
		who are			
		attending a			
		club is lower			
		than that of			
		older children			
		and in			
		particular Year			
		5 and 6.			

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1 d	To enable all	Children are	Children feel fitter	Assessment	
	children who	able to swim 25	and healthier and	monitoring of	
	leave	m.	are able to swim 25	classes	
	St.Helen's to		m.	throughout	
	have access to			the year.	
	swimming				
	lessons and to				
	be able to				
	swim 25 m.				
1a 1b	To enable	All children are	Children feel fitter		
	children to	to take part in	and healthier.		
	develop their	structured			
	own physical	activities at			
	well-being	lunchtime.			
	and to stay				
	active.				
1a	To enable	All children are	Children feel fitter	No cost:	
	children to	to take part in	and healthier and	Classroom	
	develop their	structured	report that they are	teaching.	
	own physical	activities with	feeling the benefits		
	well-being	the play leader	of structured	Lunchtime	
	and to stay	who leads	provision at	Play Leader=	
	active.	activities.	lunchtimes.	£15 x 5 hrs x	
				39 weeks =	
				£2,925	

2) Profile of PE and sport is raised across the school as a tool for whole-school improvement, for example by:

- 2a) encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- 2b) embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching
- 2c) increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:
- 2d) providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- 2e) hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities

2b	To enable children to be active at break times.	Children have a range of activities that encourage them to be active.	Children are able to talk about the importance of being fit and healthy at break	High quality equipment PE equipment is purchased to enable children to participate in physical activity.	
			times and know	priysical activity.	
			the importance of		
			staying healthy.		
2 212	Laurin		I	600	
2c 2d 2e	All children have access to	Children make good progress in	Attainment and Progress of	CPD across the year- linked to SDP.	
	high quality	all the core areas	children is good	Coach £25 x 2.5 hrs =	
	good QFWT-	of PE subject	from their starting	£2,437.50	
	every day.	having accessed good QFWT from	point in all the subjects.	12,437.30	
	CPD	expert coaching.			
	development				

	of all staff	CPD of staff					
	members.	member is					
		developed.					
3) Broad	er experience of a ra	ange of sports and ac	ivities offered	to all pupils, for exa	mple by:		

- 3a) introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
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3b	To make link	Children to have	Children are able		
	with external	external	to develop		
	Sporting	opportunities	different		
	organisations-	provided by local	experiences linked		
	to develop	professional clubs	to Sport.		
	sporting links				
	and				
	opportunities.				

Monitoring:

4) Increased participation in competitive sport, for example by:

- 4a) increasing pupils' participation in the School Games
- 4b) organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.

4a	To ensure that children across all areas of school have access to participation in competitive activities outside of	Children participate in a number of different sporting activities.	Children are able to utilise school values and to develop an understanding of competitive sport	Supply cover for different competitions Competition Entries: Full day supply £120 X 15 = £1,800	
4b	Children participate in local school's sports competitions	Children participate in a number of different sporting activities.	Children are able to utilise school values and to develop an understanding of competitive sport	Opportunity for children to enter different Sporting competitions. Access to Sporting Calendar £150	
4b	Children are able to have a shared identity when entering a competition by wearing the same PE kit.	Flying High PE shirts are purchased.	PE premium funding is used to enable the children to wear the same kit.	Funding to purchase PE T-Shirts.	

Total Approx Costings for PE premium= £16,137

How the improvements will be sustainable in the future? Our rationale for PE at St.Helen's CE Primary

A high-quality physical education curriculum and extra-curriculum **inspires** all pupils to **succeed** and **excel** in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed some of our school values such as: **Friendship, Perseverance, Truthfulness, and Respect**

It is our belief that having giving children opportunity to develop their well-being and enjoyment of PE in school, it will enable children to be life-long learners and participate in Sport and PE outside of school. We have several links to local clubs and it is our hope that a number of children utilise this opportunity.