

St Helen's PE Premium Action Plan and Strategy 2020-21



Leader responsible: Kelvin Chappell, Andy Spens

Covid 19-Update:

Within the current climate and with growing concerns over children's SEMH and physical and mental well-being, we have highlighted that receiving high quality first wave teaching in Physical Education is a high priority for this academic year. With a reduction of sporting clubs and the possibility of lack of potential for completing activities such as swimming, it is crucial that we are able to provide high quality provision within the school environment in PE lessons. Without access to competitive sporting activities, an emphasis will also be put on intra-competitions at the end of a term.

Please note this is a working document and will be updated throughout the year due to any changes in the current pandemic and to monitor the impact of the work moving forwards.

Rationale: Physical Education at St.Helen's: Excellence, enjoyment and achievement together.

In order for all children to achieve their full potential and to aim for our school vision of '**Excellence, Enjoyment and Achievement**' - **Flying high- Soar like Eagles**, we have developed a PE scheme of work which enables children to develop their core Physical Education skills, and enables them to participate in structured competitive activities at differing levels, used alongside the PE Premium Funding this enables us to ensure that all children engage in Physical activity.

A high-quality physical education curriculum and extra-curriculum **inspires** all pupils to **succeed** and **excel** in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed some of our school values such as: **Friendship, Perseverance, Truthfulness, and Respect**

Quality First Wave Teaching:

All children receive a broad and balanced PE curriculum as part of QFWT (Quality First wave Teaching) this is about what should be on offer for all children: the effective inclusion of all pupils in high-quality everyday personalised teaching. Such teaching will, for example, be based on clear objectives that are shared with the children and returned to at the end of the lesson; carefully explained new PE vocabulary; use of lively, interactive teaching styles and also make maximum use of visual and kinaesthetic as well as auditory/verbal learning. The objectives that are used are taken from the school's skills and progression grid.

What is the most effective way to support pupil's Physical achievement?

Over the last few years we have built our PE strategy around the DFE research that highlights that more successful schools who promote high levels of PE attainment have a number of things in common this is supplemented by evidence from the DFE and other external agencies.



Effective use of
the Primary PE and
Sport Premium

active
derbyshire

active
notts

DERBYSHIRE // ACTIVE
SCHOOLS NETWORK

NOTTS
SCHOOL
GAMES
organiser network



The amount of PE premium funding: £17,736

PE Premium strategy aims for pupils 2020-21: The DFE outcomes are defined as:

1) Engagement of all pupils in regular physical activity, for example by:

- 1a) providing targeted activities or support to involve and encourage the least active children
- 1b) encouraging active play during break times and lunchtimes
- 1c) establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered adopting an active mile initiative
- 1d) raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

2) Profile of PE and sport is raised across the school as a tool for whole-school improvement, for example by:

- 2a) encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- 2b) embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching
- 2c) increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:
- 2d) providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- 2e) hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities

3) Broader experience of a range of sports and activities offered to all pupils, for example by:

- 3a) introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities

3b) partnering with other schools to run sport activities and clubs

3c) providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations

4) Increased participation in competitive sport, for example by:

4a) increasing pupils' participation in the [School Games](#)

4b) organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.

As a school we have considered all these key factors and built our PE Strategy for 2018-19 around these key factors.

Physical Education Aspirations: At St. Helen's we endeavour to provide opportunities in all aspects of school life, for all of our children to achieve the very best that they can and to develop a lifelong love of learning of Sport and Physical Education, and to develop their own well-being.

2020-21 Pupil Strategy: Desired Outcomes and Review:

1) Engagement of all pupils in regular physical activity, for example by:

1a) providing targeted activities or support to involve and encourage the least active children

1b) encouraging active play during break times and lunchtimes

1c) establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered adopting an active mile initiative

1d) raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

School Aspirations: Linked to DFE strand:	Barriers to learning: Action	Desired Outcome:	Measurable Outcome: How will impact be measured?	Who? Costing:	Monitoring (See below) MEASURES OF IMPACT Significant Moderate Low Impact
1a 1b	To support the most inactive children who have been highlighted using a number of different factors to develop their physical well being.	Children in an individual class who were identified as not attending a PE club in the last academic year- 2019-20 and who have been identified from in school assessment data- will be targeted for lunchtime support in terms of attending the lunchtime Sports club on M T Th Children who have not been attending PE	The number of children who now engage in a lunchtime club.	Lunchtime club £20 x 3 hrs a 39 weeks= £2340 Use of £300 allotted to pay for clubs for those children who did not attend clubs in the previous year.	

		clubs in school will be specifically targeted to enable them to attend at least one club a week.			
1 c	To support the physical development of all children by providing a range of extra-curricular sporting clubs across the year for mental well-being.	PE funding used to ensure all children are able to access clubs and develop their physical and mental health well-being for those children who would like to attend external Yoga activities with parent.	Case studies and competition records show that children and parents/families are able to access provision when necessary to do so.	PE funding is used to ensure that some children who would like to do Yoga club that would not in other circumstances be able to afford it, will be provided with this provision.	
1 c	To support the needs of more vulnerable children in attaining extra-	PP funding to be used alongside PE funding to ensure all children are able to access clubs.	Case studies and competition records show that children and parents/families are able to access sporting provision when necessary to do so.	PE funding alongside PP funding is used to help PP families' access clubs that they may wish to.	

	curricular Sporting clubs				
1c	To support the provision of KS1 children.	Data from the previous year demonstrates that the number of children in KS1 who are attending a club is lower than that of older children and in particular Year 5 and 6.	External clubs are sought and aimed at the younger children in KS1 and Year 3.		
The following target below will become applicable for when restrictions are lifted due to the current climate of Covid-19.					
1 d	To enable all children who leave St.Helen's to have access to swimming lessons and to be able to swim 25 m.	Children are able to swim 25 m.	Children feel fitter and healthier and are able to swim 25 m.	Assessment monitoring of classes throughout the year.	
1a 1b	To enable children to develop their own physical well-being	All children are to take part in structured activities at lunchtime.	Children feel fitter and healthier.	A range of new physical activity equipment is bought for	

	and to stay active.			each individual 'bubble' class.	
1a	To enable children to develop their own physical well-being and to stay active.	All children are to take part in structured activities with the introduction of the Daily Mile across the whole of KS2.	Children feel fitter and healthier and report that they are feeling the benefits of the daily mile.	No cost: Classroom teaching to lead daily mile.	
<p>2) <u>Profile of PE and sport is raised across the school as a tool for whole-school improvement, for example by:</u></p> <p>2a) encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)</p> <p>2b) embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching</p> <p>2c) increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:</p> <p>2d) providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school</p> <p>2e) hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities</p>					
2b	To enable children to be active at break times.	Children have a range of activities that encourage them to be active.	Children are able to talk about the importance of being fit and healthy at break	High quality equipment PE equipment is purchased to enable children to participate in physical activity.	

			times and know the importance of staying healthy.	(Costed above)	
2c 2d 2e	<p>All children have access to high quality good QFWT- every day.</p> <p>CPD development of all staff members. Teachers to work alongside trained PE coach specialising in Games activities to develop highly specialised coaching.</p>	<p>Children make good progress in all the core areas of PE subject having accessed good QFWT from expert coaching.</p> <p>CPD of staff member is developed.</p>	Attainment and Progress of children is good from their starting point in all the subjects.	<p>CPD across the year-linked to SDP.</p> <p>Coach £25 x 2.5 hrs x 4 days 3 hrs x 1 day x 39 weeks = £325 x 39 =£12,675</p>	

Monitoring:

3) Broader experience of a range of sports and activities offered to all pupils, for example by:

3a) introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities

3b) partnering with other schools and clubs to run sport activities and clubs

3c) providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations						
3a 3c	To develop a themed Sports week that introduces children to new sports.	Children will experience a range of different sports away from the traditional sports. A very successful themed sports week was held in 2018 which enabled children to develop their experiences of a wide range of sports. This is to be developed in June 2020	Children are able to talk about the new sports tried and 100% of children are able to try out new sports.	Sports week organised in June 2020 Sports Week Funding Costings take from previous sports week 2018.) £ 3000		
<u>Monitoring:</u>						
3b	To make link with external Sporting organisations- to develop sporting links and opportunities.	Children to have external opportunities provided by local professional clubs	Children are able to develop different experiences linked to Sport.	External coaches such as GCCC are used.		

4) Increased participation in competitive sport, for example by:

4a) increasing pupils' participation in the [School Games](#)

4b) organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.

4a		To ensure that children across all areas of school have access to participation in competitive activities outside of school.	Children participate in a number of different sporting activities.	Children are able to utilise school values and to develop an understanding of competitive sport	Supply cover for different competitions when competitions are able to return.		
4b		Children participate in local school's sports competitions	Children participate in a number of different sporting activities.	Children are able to utilise school values and to develop an understanding of competitive sport	Opportunity for children to enter different Sporting competitions. Access to Sporting Calendar £150		

4b		Children are able to have a shared identity when entering a competition by wearing the same PE kit.	Flying High PE shirts are purchased.	PE premium funding is used to enable the children to wear the same kit.	Funding to purchase PE T-Shirts. £200		
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Total Approx Costings for PE premium: £18,515

PE Premium £17,736

- £779 to be raised through activities from FOSH. (Sports week)

How the improvements will be sustainable in the future?

Our rationale for PE at St.Helen's CE Primary

A high-quality physical education curriculum and extra-curriculum **inspires** all pupils to **succeed** and **excel** in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed some of our school values such as: **Friendship, Perseverance, Truthfulness, and Respect**

It is our belief that having giving children opportunity to develop their well-being and enjoyment of PE in school, it will enable children to be life-long learners and participate in Sport and PE outside of school. We have several links to local clubs and it is our hope that a number of children utilise this opportunity.