

St Helen's PE Premium Action Plan and Strategy

Review of Impact 18-19



Leader responsible: Kelvin Chappell, Andy Spens

Rationale: Physical Education at St.Helen's: Excellence, enjoyment and achievement together.

In order for all children to achieve their full potential and to aim for our school vision of '**Excellence, Enjoyment and Achievement**' - **Flying high- Soar like Eagles**, we have developed a PE scheme of work which enables children to develop their core Physical Education skills, and enables them to participate in structured competitive activities at differing levels, used alongside the PE Premium Funding this enables us to ensure that all children engage in Physical activity.

A high-quality physical education curriculum and extra-curriculum **inspires** all pupils to **succeed** and **excel** in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed some of our school values such as: **Friendship, Perseverance, Truthfulness, and Respect**

Quality First Wave Teaching:

All children receive a broad and balanced PE curriculum as part of QFWT (Quality First wave Teaching) this is about what should be on offer for all children: the effective inclusion of all pupils in high-quality everyday personalised teaching. Such teaching will, for example, be based on clear objectives that are shared with the children and returned to at the end of the lesson; carefully explained new PE vocabulary; use of lively, interactive teaching styles and also make maximum use of visual and kinaesthetic as well as auditory/verbal learning. The objectives that are used are taken from the school's skills and progression grid.

What is the most effective way to support pupil's Physical achievement?

Over the last few years we have built our PE strategy around the DFE research that highlights that more successful schools who promote high levels of PE attainment have a number of things in common this is supplemented by evidence from the DFE:

The amount of PE premium funding: £17,736

PE Premium strategy aims for pupils 2018-19: The DFE outcomes are defined as:

1) Engagement of all pupils in regular physical activity, for example by:

1a) providing targeted activities or support to involve and encourage the least active children

1b) encouraging active play during break times and lunchtimes

1c) establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered adopting an active mile initiative

1d) raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

2) Profile of PE and sport is raised across the school as a tool for whole-school improvement, for example by:

2a) encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)

2b) embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching

2c) increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:

2d) providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school

2e) hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities

3) Broader experience of a range of sports and activities offered to all pupils, for example by:

- 3a) introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- 3b) partnering with other schools to run sport activities and clubs
- 3c) providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations

4) Increased participation in competitive sport, for example by:

- 4a) increasing pupils' participation in the [School Games](#)
- 4b) organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.

As a school we have considered all these key factors and built our PE Strategy for 2018-19 around these key factors.

Physical Education Aspirations: At St. Helen's we endeavour to provide opportunities in all aspects of school life, for all of our children to achieve the very best that they can and to develop a lifelong love of learning of Sport and Physical Education, and to develop their own well-being.

2018-19 Pupil Strategy: Desired Outcomes and Review:

1) Engagement of all pupils in regular physical activity, for example by:

1a) providing targeted activities or support to involve and encourage the least active children

1b) encouraging active play during break times and lunchtimes

1c) establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered

adopting an active mile initiative

1d) raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

School Aspirations: Linked to DFE strand:	Barriers to learning: Action	Desired Outcome:	Measurable Outcome: How will impact be measured?	Who? Costing:	Monitoring (See below) MEASURES OF IMPACT Significant Moderate Low Impact
1 c	To support the physical development of all children by providing a range of extra-curricular Sporting clubs	PE funding used to ensure all children are able to access clubs and develop their physical and mental health well-being.	Case studies and competition records show that children and parents/families are able to access sporting provision when necessary to do so.	PE funding is used to ensure that some children who would like to do a club have access to clubs.	
1 c	To support the needs of more vulnerable children in attaining extra-curricular Sporting clubs	PP funding to be used alongside PE funding to ensure all children are able to access clubs.	Case studies and competition records show that children and parents/families are able to access sporting provision when necessary to do so.	PE funding.	



1c Significant Impact: Throughout the academic year a number of extra-curricular clubs were held at school in a variety of different sports. This includes the use of external coaches such as TPS (Total Pro- Soccer) and Teachers who ran clubs such as Netball, Cricket and Football. The number of children throughout the school who attended the clubs was very **high over 70%**. Inside of school and in lunchtime provision that was provided was **100%** as all children were expected to take part in Lunchtime coaching activities. Alongside the pupil premium strategy we have targeted the numbers of PP children who attend an extra-curricular club and this proved to be very successful. The use of PE funding to allow teachers to run clubs and support them with significant access to Sporting equipment enabled them to deliver high-quality clubs.

1 d		To enable all children who leave St.Helen's to have access to swimming lessons and to be able to swim 25 m.	Children are able to swim 25 m.	Children feel fitter and healthier and are able to swim 25 m.	Assessment monitoring of classes throughout the year.	
1d Significant Impact:						

Throughout the academic year KS2 classes from Year 4 to Year 6 attend 10 sessions of swimming at Tockington Manor Independent school. In the Year 6 class 28 out of 30 children (93%) were able to swim 25 m by the end of their sessions. Children were able to access the National curriculum objectives in Swimming

1a 1b	To enable children to develop their own physical well-being and to stay active.	All children are to take part in structured activities at lunchtime.	Children feel fitter and healthier.	Coaching is provided for lunchtime activities: 5 x 1 hr x £25 = £125 = £4,875	
1a	To enable children to develop their own physical well-being and to stay active.	All children are to take part in structured activities with the introduction of the Daily Mile in upper KS2.	Children feel fitter and healthier and report that they are feeling the benefits of the daily mile.	No cost: Classroom teaching. Lunchtime Play Leader= £15 x 5 hrs x 39 weeks = £2,925	





Significant Impact: Varying the amount of lunchtime activities has enabled children to lead a more active lifestyle. A number of different activities are available to children at break time. A play leader has been employed to lead more physical activities at lunchtime and the use of the MUGA at lunchtimes has had significant impact on children. (See learning councillors work) The use of play equipment that has been bought with PE funding has enabled children to become more active at break times and lunchtimes. (see videos.) All classes in KS2 have trialled the use of the daily mile- this has had a significant impact and children report the benefits of this. A link was made with UWE and a questionnaire of before and after the daily mile introduced. (The results are still to be submitted back to school.)

2) Profile of PE and sport is raised across the school as a tool for whole-school improvement, for example by:

2a) encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)

2b) embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching

2c) increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:

2d) providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school

2e) hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities

2b	To enable children to be	Children have a range of activities	Children are able to talk about the importance of	Linked to Bristol Rover Community project: Healthy Movers.	
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	active at break times.	that encourage them to be active.	being fit and healthy at break times and know the importance of staying healthy.	1 x £500	
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Significant Impact: As part of Curriculum Time , Year 5 were able to have 6 sessions on Healthy active lifestyles from Bristol Rover Community Trust. All children across the whole school as part of PSHE lessons in Jigsaw also have a unit of work on being healthy, talking about the importance of Health Lifestyles and the importance of eating a balanced diet.

PE funding money enabled us to utilise the support of Bristol Rovers and to improve the use of equipment at lunchtimes and break times. PE funding also enabled us to provide Coaching at lunchtime on the MUGA by qualified coaches from TPS. Each lunchtime children classes across the week were able to participate in structured sporting activities and physical activities for example with the use of loose parts play, children participate in physically strenuous activities.

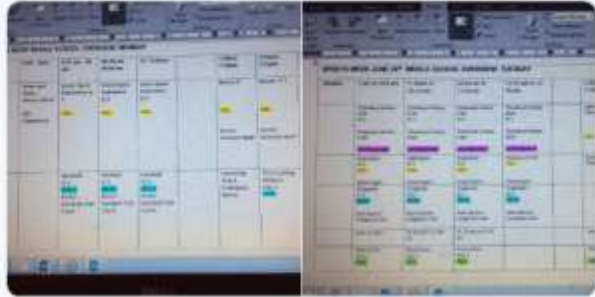
2c 2d 2e	All children have access to high quality good QFWT- every day.	Children make good progress in all the core areas of PE subject having accessed good QFWT from expert coaching.	Attainment and Progress of children is good from their starting point in all the subjects.	CPD across the year- linked to SDP. Coach £25 x 2.5 hrs = £2,437.50	
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	CPD development of all staff members.	CPD of staff member is developed.			
<p>Significant Impact: Staff members are able to work alongside a qualified coach to improve their expertise in Invasion games. Coach from TPS deliver the lessons alongside the class teacher before they meet together to talk through the lesson. Teachers have highlighted improved confidence in being able to deliver curriculum objectives around Games activities. This will be developed further in the next academic year in order to develop a sustainable coaching model and to develop our own QFWT opportunities.</p>					
<p>3) <u>Broader experience of a range of sports and activities offered to all pupils, for example by:</u></p> <p>3a) introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities</p> <p>3b) partnering with other schools and clubs to run sport activities and clubs</p> <p>3c) providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations</p>					
3a 3c	To develop a themed Sports week that introduces children to new sports.	Children will experience a range of different sports away from the traditional sports	Children are able to talk about the new sports tried and 100% of children are able to try out new sports.	Sports week organised in June 2019 Sports Week Funding £ 3000	



St Helen's Alveston @sthelenspri - Jun 22

We love Sport @sthelenspri and we can't wait for next week. Don't forget Sports week starts with a whole school Wake and Shake on the KS2 Playground, (Family members welcome to join in!) Look at how busy Mon and Tues are! Sport and Flying High @sthelenspri



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St Helen's Alveston @sthelenspri - Jun 25

Archery. Assault Course. Team Building with @Mojo_Active





St Helen's Alveston @sthelenspri · Jun 25
Badminton with @BSFound



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St Helen's Alveston @sthelenspri · Jun 25
So much has been happening over the last two days as part of our amazing Sports week! Thanks to all the coaches that have given up their time for us. We started Monday morning with a whole school Wake and Shake.



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St Helen's Alveston @sthelenspri · Jun 25
Thanks for coming!



South West Dodgeball @SWDodgeUK

Thank you so much to @sthelenspri for inviting me to coach dodgeball across many year groups this morning. It was great to catch up with the winners of the @wesportap Winter School Games, those year 5s look ready to...

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St Helen's Alveston @sthelenspri · Jun 24
Thanks so much for coming! We loved it!



GEM Boccia @gembocciaclub

Today we were invited to @sthelenspri with @AccessSport to deliver #boccia We played fun games as well as match play. It was fantastic to see such young children taking part & enjoying a fully inclusive sport! Thank you & hope to...



St Helen's Alveston @sthelenspri · Jun 28
Fantastic weather for our Sports Day today! Inbetween the KS1 and KS2 event, we were treated to an amazing gym display from our gym club. Thanks to everyone who came along! #flyinghigh



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Significant Impact: Significant amounts of PE funding is used to develop a Sports week that focuses on children experiencing different sports. The week was a huge success and each child was able to try a new sport and able to develop their physical well-being. (See timetable for Sports week) The Sports week saw over 12 different sports tried including activities such as Ballet and Yoga and was a huge success. (See Sports week video) The children were able to talk about the importance of keeping fit and work was also produced around the use of our school values.

3b	To make link with external organisations.	Children to have external opportunities provided by local professional clubs	Children are able to develop different experiences linked to Sport.	Children to have links with GCCC and BRFC GCCC Chance to Shine £300	
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Significant Impact: Children were able to attend GCCC cricket day in the lead up to the Cricket World Cup and also experienced ECB's Chance to Shine, cricket opportunities. Links were also established with Bristol Rovers to attend their Community Football tournaments.

4) Increased participation in competitive sport, for example by:

4a) increasing pupils' participation in the [School Games](#)

4b) organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.

4a		To ensure that children across all areas of school have access to participation in competitive activities outside of school.	Children participate in a number of different sporting activities.	Children are able to utilise school values and to develop an understanding of competitive sport	Supply cover for different competitions Competition Entries: Full day supply £120 X 15 = £1,800		
4b		Children participate in local school's sports competitions	Children participate in a number of different sporting activities.	Children are able to utilise school values and to develop an understanding of competitive sport	Opportunity for children to enter different Sporting competitions. Access to Sporting Calendar £150		
4b		Children are able to have a shared	Flying High PE shirts are purchased.	PE premium funding is used to enable the	Funding to purchase PE T-Shirts.		

		identity when entering a competition by wearing the same PE kit.		children to wear the same kit.	£150		
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St Helen's Alveston @sthelenspri · 26 Oct 2018
 Well done to our football team today who, in a closely fought game, drew 3-3 with Crossways Junior School.

St Helen's Alveston @sthelenspri · 3 Dec 2018
 Wow! A thrilling football match after school saw @sthelenspri running out narrow winners against Olveston Primary School: 5-4 in the end! Well played to all of the players.



St Helen's Alveston @sthelenspri · Jan 16



Yate Academy SGO @SGOYateAcademy

Well done to everyone involved in tonight's year 5/6

Dodgeball. 120 students 56
parents 21 teams 12
great @YateAcademy leaders 11 Schools ...



St Helen's Alveston @sthelenspri · Jan 16

Breaking news... @sthelenspri Dodgeball team have just gone and won the tournament and are through to the county finals! Well done to all of our fantastic team!





St Helen's Alveston @sthelenspri · Jan 25

Good luck to the dodgeball team at this mornings County Finals!



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St Helen's Alveston @sthelenspri · Jan 25

Congratulations to the 'SOUTH WEST REGIONAL DODGEBALL CHAMPIONS OF 2019'! 🏆 🥇 #champions



St Helen's Alveston @sthelenspri · Jan 28

Well done to the Girls' football team. A great win tonight against Elm Park school, to stay unbeaten in the league!

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St Helen's Alveston @sthelenspri · Feb 14

Well done to the school football team, who despite losing 5-1 to a very strong Crossways Juniors, showed our value of perseverance, and kept going to the end! #determination

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St Helen's Alveston @sthelenspri · Mar 8

Well done to the girls' football team! A great 2-1 win in the league against St. Michael's. The girls remain unbeaten in the league!

#flyinghigh



St Helen's Alveston @sthelenspri · Mar 14

Well done to the two year 6 boys and eight year 5 boys, who have attended football training all year and today played their first ever match! Despite the result a huge well done for all your effort and determination.



Significant Impact: As part of our rationale for PE and Physical activity- in order to build different values in children, children are exposed to competitive Sport. The use of PE premium enables us to be able to expose children from different ages in a competitive environment and to be able to experience the joys of winning and learn how to be graceful in defeat. This year the children have reached GCCC Kiwk Cricket County Finals, as well as winning the South West Finals of dodgeball. The children also entered a range of different events from SportsHall Athletics to Tag Rugby tournaments. The opportunity to be able to enter these tournaments have been made possible by the use of PE premium.



St Helen's Alveston @sthelenspe - Apr 4

A HUGE WELL DONE to the girls' football team who played superbly this morning @BristolRoversCT tournament. The girls played brilliantly all morning and were very unlucky to lose on penalties in the semi-final. Well done for representing our value of Flying High



South Gloucestershire PE Association Football League

School	Points							PTS
	P	W	D	L	F	A	+/-	
Crossways - Thornbury	3	2	1	0	10	5	5	20
St Helen's, Alveston	3	2	1	0	4	2	2	20
St Helen's, Filling	4	1	0	2	4	8	-4	6
Overton	3	0	0	3	9	13	-4	3

School	Group B							PTS
	P	W	D	L	F	A	+/-	
Crossways	5	4	1	0	15	7	8	18
St Michael's (DG)	5	3	1	1	9	5	4	15
Wheatfield	5	2	1	2	5	6	-1	12
St Marys, Yate	4	2	1	1	12	6	6	11
St Helen's	4	0	0	4	3	15	-12	4
Watermore	3	0	0	3	4	7	-3	3

School	Group C							PTS
	P	W	D	L	F	A	+/-	
Crossways	5	4	0	1	24	5	19	17
St Helen's	4	3	1	0	15	5	10	14
St Michael's / Stoke Gifford	4	2	0	2	9	8	1	10
Overton	4	1	1	2	5	8	-3	8
The Ridge	2	1	0	1	6	3	3	5
Elm Park	5	0	0	5	1	21	-20	5



St Helen's Alveston @sthelenspri · Jun 4

First day back and already Sporting success! Well done to the boys cricket team who today won the regional rounds of the @GBCCricket Kiwk Cricket Tournament. The team will now move onto the County Finals at Cheltenham College. A third county final in four years! @ThornburyCC



St Helen's Alveston @sthelenspri · Jun 22

Well done to the Girls' Cricket team who finished 3rd in their recent tournament - another great achievement @sthelenspri





St Helen's Alveston @sthelenspri · Apr 3

Well done to the Year 3 and 4 football team who played really well in a tournament this evening. The children played 8 games, winning 3, losing 3 and drawing 2. Well done!



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Significant Impact: As a school we pride ourselves on giving the children opportunities to experience competitive Sport both inter and intra competitions. We entered a range of different Sporting Competitions as we believe this is crucial to enable children to develop their Cultural Capital- developing their own Sporting Values. A number of different competitions were entered and included the children becoming South West Dodgeball champions and also reaching the Glos CCC Kiwk Cricket Coutny Final for a third year in a row for the boys.

Total Approx Costings for PE premium= £16,137

How the improvements will be sustainable in the future?

Our rationale for PE at St.Helen's CE Primary

A high-quality physical education curriculum and extra-curriculum **inspires** all pupils to **succeed** and **excel** in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed some of our school values such as: **Friendship, Perseverance, Truthfulness, and Respect**

It is our belief that having giving children opportunity to develop their well-being and enjoyment of PE in school, it will enable children to be life-long learners and participate in Sport and PE outside of school. We have several links to local clubs and it is our hope that a number of children utilise this opportunity.