

St Helen's PE Yearly Overview 2023-2024

Year Group	Term 1		Term 2		Term 3		Term 4		Term 5		Term 6	
	Bristol Sport	Teacher led	Bristol Sport	Teacher led	Bristol Sport	Teacher led	Bristol Sport	Teacher led	Bristol Sport	Teacher led	Bristol Sport	Teacher led
Rec		Me and Myself (hall)		Movement and Development (hall)		Throwing and Catching (hall)		Ball skills (hall)		Fun and Games (hall)		Athletics Sports Day practise (outside)
Year 1 Mon PPA	Gymnastics (hall)	Handball (outside)	Dance (hall)	Football (outside)	Basketball (hall)	Netball (outside)	Funfit (outside)	Dance (inside)	Striking and Fielding (outside)	Fitness	Jailbreak	
Year 2 Weds PPA	Gymnastics (hall)	Handball (outside)	Dance (hall)	Football (outside)	Dodgeball (hall)	Netball (outside)	Funfit (outside)	Dance (inside)	Striking and Fielding (outside)	Fitness	Athletics	
Year 3 Mon PPA	Gymnastics (hall)	Handball (outside)	Dance (hall)	Football (outside)	Basketball (hall)	Netball (outside)	Funfit (outside)	Dance (inside)	Striking and Fielding (outside)	Fitness	Jailbreak	
Year 4 Weds PPA	Gymnastics (hall)	Handball (outside)	Dance (hall)	Football (outside)	Dodgeball (hall)	Netball (outside)	Funfit (outside)	Dance (inside)	Striking and Fielding (outside)	Fitness	Athletics	
Year 5 Thurs PPA	Dance (hall)	Football (outside)	Gymnastics (hall)	Handball (outside)	Dodgeball (hall)	Hockey (outside)	Funfit (outside)	Badminton (inside)	Handball (outside)	Fitness	Athletics	
Year 6 Thurs PPA	Dance (hall)	Football (outside)	Gymnastics (hall)	Handball (outside)	Dodgeball (hall)	Hockey (outside)	Funfit (outside)	Badminton (inside)	Handball (outside)	Fitness	Athletics	

Day of the week	Time slots
Monday Year 1 & 3 PPA	Year 2 2.30 - 3.20pm
Tuesday Year 5 & 6 PPA	Year 5 2.15 – 3.15pm
Wednesday	Year 3 1.30 – 2.30pm Year 6 2.30 – 3.20pm
Thursday Year 2 & 4 PPA	Year 1 1.30 – 2.30pm
Friday	Reception 10.45 - 11.45am Year 4 1.30 – 2.30pm

St. Helen's

2023-24 Delivery Plan



Term	Monday		Wednesday	Thursday
	LTC	PM	PM	PM
1	Focus to be agreed with head coach	Gymnastics	Gymnastics	Dance
2	Focus to be agreed with head coach	Dance	Dance	Gymnastics
3	Focus to be agreed with head coach	Basketball	Dodgeball	Dodgeball
4	Focus to be agreed with head coach	Funfit	Funfit	Funfit
5	Focus to be agreed with head coach	Striking and fielding	Striking and fielding	Handball
6	Focus to be agreed with head coach	Jailbreak	Athletics	Athletics